



For the picture book by Nancy Tupper Ling and illustrated by Andrea Offermann (Penguin Young Readers Group). Image © Andrea Offermann.

The Yin-Yang Sisters and the Dragon Frightful: Event Kit

ABOUT THE KIT

This kit was designed for librarians, educators, and booksellers, or for families hosting playgroups or parties or simply looking for an engaging read aloud. In the book, a village separated by a river becomes woefully divided and inconvenienced when a dragon lies down on the bridge and does not budge for years! This kit invites you to divide your readers with a blanket river and a dragon-topped bridge made from bottles. This “stage set” gives you the opportunity to interact with the dragon. The temptation of sticky buns is what moves the dragon in the end. Using a template, your readers can make paper sticky buns to lift the paper Dragon Frightful from the bridge and into the sky. Best for ages 4-8.

The kit contains:

- Marketing: Event poster and suggested calendar copy
- Preparation: Step-by-step suggestions
- Interactive Read Aloud: Making Dragon Frightful Set with Suggested Script
- Activity: Paper Sticky Buns
- Activity: Tattoo Template

ABOUT THE BOOK

The Yin-Yang Sisters and the Dragon Frightful

by Nancy Tupper Ling

Illustrated by Andrea Offermann

Published by G.P. Putnam's Sons Books for Young Readers

ISBN-13: 9780399171154

Age Range: 4 - 8 Years

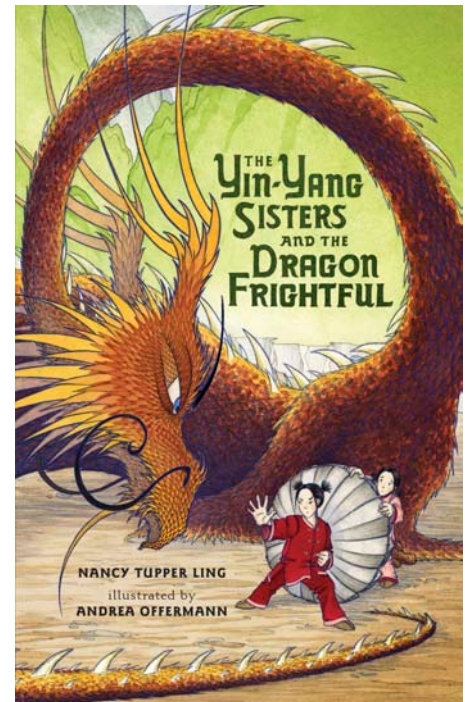
Opposites Mei and Wei may be small, but when they work together they are mighty enough to face a dragon.

When a fearsome dragon takes over their village bridge, twin sisters Mei and Wei have opposing views of how to fix the problem. Wei wants nothing more than to confront that stinky old dragon head on, but Mei favors a more thoughtful approach. With Wei's confidence and gumption plus Mei's creativity and diligence, it's only a matter of time before everyone can be happy again.

This empowering sibling story is about celebrating differences and finding that what makes us different is also what makes us a powerful team.

“An empowering tale set in Ancient China with broad appeal...Offermann's art is culturally sound and striking in its depiction of the villagers' dress and the beauty of the rice terraces. Her use of pencil and glazing add a softness to the beautifully proportioned spreads, inviting eyes to linger on detail and then rest in the white space. VERDICT Expertly crafted, in both word and form, this tale feels old and new and will be gobbled up by kids.”

– *School Library Journal*



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ABOUT THE AUTHOR AND ILLUSTRATOR

Nancy Tupper Ling is the author of three books for children and the founder of Fine Line Poets. The mother of two girls, she draws her inspiration from the multicultural background of her family and the interwoven fabric of familial culture which is, on the surface, seemingly everyday. She is also the winner of the prestigious Writer's Digest Grand Prize and the Pat Parnell Poetry Award. You can visit her at nancytupperling.com.

Andrea Offermann was born and raised in Cologne, Germany. She graduated from Art Center College of Design in Pasadena, California, in 2005 with a bachelor's degree in illustration. You can visit her at andreaoffermand.com.



KIT CREATOR

Kirsten Cappy of Curious City creates story hour kits, event kits, treasure hunts, book club guides, book giveaways, and more ways to engage in children's literature with play, conversation, and social action. Look for these free downloadable materials at CuriousCityDPW.com.

PREPARING FOR THE ACTIVITIES

You will, of course, create your own grand event! Following are simply suggested ways to prepare for an event or classroom experience.

___ Locate a copy of the picture book **The Yin-Yang Sisters and the Dragon Frightful** by Nancy Tupper Ling and illustrated by Andrea Offermann (Penguin Young Readers Group).

___ Recruit two volunteers to bring your paper dragon(s) to your pretend river during your read aloud.

SHARING THE EVENT

___ If you list your events in print or online, here is some text that may assist you:

Dragon Frightful has landed on the bridge that connects the Chinese village where Mei and Wei live. How will they get the fierce creature to move so life can return to normal? We will face the dragon ourselves as we read **The Yin-Yang Sisters and the Dragon Frightful** by Nancy Tupper Ling and illustrated by Andrea Offermann (Penguin Young Readers Group) and learn Mei's sweet solution. All welcome, but best for ages 4-8.

___ If this event is for the public, print out the event poster (page 9), add your date, time, and location, and duplicate it to advertise the event. If you prefer to adapt the poster in your design software, you can find a JPEG of the poster design on CuriousCityDPW.com. Simply search for "yin-yang" at CuriousCityDPW.com and navigate to the Event Kit listing. The font on the poster is Book Antiqua.

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INTERACTIVE READING: MAKING DRAGON FRIGHTFUL

The village in the book is divided by a river and connected by the Dan-Tat Bridge. When Dragon Frightful takes up residence on the bridge, villagers are forced to go miles out of their way to bring goods to market and visit one another.

To help your readers experience the physicality of this separation, we offer up an idea to create the river, the bridge, and Dragon Frightful. Below, you will find the instructions to create a cut-out Dragon Frightful with chopstick “handles.” Those handles slide into four tall-neck bottles to create the look of the dragon lying on the bridge. If blue blankets or sheets are laid under the bottles, you can create the river. If your readers are seated on either side of the river, they will get a visceral sense of the divide that Dragon Frightful’s presence creates.

See DAY OF THE EVENT for ways to play with the presence of the bridge and the dragon throughout the read aloud and event.



Supplies You Will Need:

- ___ 8 chopsticks or dowels 8.75 - 9 inches long
- ___ 4 brown beer or soda bottles with narrow necks. Soak off or cover the labels.
- ___ 1-2 blue sheet(s) or blanket(s) to make a river
- ___ Colored pencils, scissors, glue, and clear tape

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Suggested Instructions:

___ Print the left-facing Dragon Frightful on pages 10-12 and right-facing Dragon on pages 13-15 on cardstock or regular paper.

___ On the middle print-out of each (the one with the dragon's body), trim the right and left sides so that the edges of the paper are flush with the dragon's body.

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- ___ Slide the sheets with the head and tail of the dragon under the body sheet. Align those dragon scales and glue in place.
- ___ Color your dragons.
- ___ Reinforce the seams of the paper with clear tape.
- ___ Lay your two dragons face to face.
- ___ Trim 2.5 inches off the bottoms of each dragon for a straight base line on each.
- ___ Holding the dragons together, shape the top of the dragon with your scissors.
- ___ Tape the top of a chopstick to the back side of each dragon at the seams.
- ___ Tape chopsticks at the right and left ends of each dragon back. Make sure the alignment of the chopsticks matches on each dragon.
- ___ With the dragons back-to-back, slide the chopsticks into the necks of the open bottles. You should now have a two-sided Dragon Frightful stretched out on a bridge.
- ___ You can wrap your bottles with additional paper or tape to make them more bridge-like or leave them just as bottles.

ACTIVITY: MAKING STICKY BUNS

The twins try everything to get Dragon Frightful off the bridge. In the end, Mei discovers the answer in an old book. It turns out that sticky buns make dragons sweet and cooperative!

“Everyone knows dragons are sweet,” Mei said. “See, it says so right here. All you need is a sticky bun now and then.”

The origami and paper craft creator **splicingworks** came up with a paper sticky bun craft for this title. If your readers make these, they can present them to the paper Dragon Frightful to get him off the bottle bridge and flying through the air.

Supplies You Will Need:

- ___ Kids’ scissors and clear tape for every reader

Suggested Instructions:

- ___ Print page 1 of the Sticky Buns (Bolo Bao) for Dragons activity on page 16. Print enough so that each reader has one. Consider pre-cutting the template if you have time constraints.
- ___ Print page 2 of the Sticky Buns (Bolo Bao) for Dragons activity on page 17. Print enough of these written and visual instructions to share amongst your readers.

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ACTIVITY: TATTOO TEMPLATES

Author Nancy Tupper Ling has named her characters after the Chinese concept of Yin and Yang. The philosophy explains how opposite forces can actually be interconnected and compliment one another — just like two very different sisters who work together to solve the problem of Dragon Frightful. Illustrator Andrea Offermann cleverly created this image of the three characters curving into the shape of the Yin Yang symbol. The image has been reversed and laid out for you to print on Temporary Tattoo paper. We love using the “Rolurious 10 Sheets Laser DIY A4 Temporary Tattoo Transfer Paper” with our laser printer. If you like making temporary tattoos:

- ___ Print the Tattoo Template on page 18.
- ___ Follow the instructions specific to your tattoo transfer paper.
- ___ Consider tattooing readers as they arrive at your event.

DAY OF THE EVENT

- ___ Gather wet sponges and tattoos for temporary tattoo application.
- ___ Divide your read aloud space with a winding river using blue blanket(s) or sheet(s).
- ___ Place your bottles spanning the river. Make sure they are the right distance to hold your chopstick dragon handles. Some duct tape might prevent bottles (and dragon) from accidentally tipping over.
- ___ Place your dragon in a location where your volunteer can pick him up.
- ___ Show your volunteers how they can each hold two pairs of chopstick handles to fly Dragon Frightful around the room and then settle him on the bridge in sync with the read aloud.
- ___ Lay out your sticky bun templates, instructions, scissors, and tape on your craft table.
- ___ Consider tattooing your readers as they arrive.
- ___ Hold a read aloud from the the picture book **The Yin-Yang Sisters and the Dragon Frightful** by Nancy Tupper Ling and illustrated by Andrea Offermann (Penguin Young Readers Group) with these possible interactive opportunities:

___ *Title Page:* Point out the brown bridge arching over the chasm and river. Point out the small houses on either side of the river and the people too small to see.

“Let’s pretend we are the people living in houses on either side of a bridge. There is the blue of the river, [show the sheets/blankets] and here is the bridge that crosses the water [show the brown bottles].”

___ *Spread 1:* Have two volunteers (each holding two sets of chopsticks) swoop the joined dragons around the crowd.
“I see Dragon Frightful off in the distance!”

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___ *Spread 3:* Have two volunteers settle the Dragon Frightful back-to-back on the “bridge” by placing the chopsticks in the bottle openings.

“Do you hear his snoring? Let’s all snore loudly like Dragon Frightful. Oh, the houses are shaking like grains of rice!”

___ *Spread 5:* You can now put your readers in the shoes of Wei and Mei.

“Wei stomped out the door. Can you stomp your feet?”

___ *Spread 6:* “Can you say, ‘Let me pass!’ and stick out your tongue to Dragon Frightful? 1,2,3...”

___ *Spread 7:* “Can you trick Dragon Frightful like Mei? Let’s yell, ‘look, look!’ and point to the sky. 1,2,3...”

___ *Spread 10:* “Let’s hold some pretend chili peppers in our hand. Now throw them at Dragon Frightful on 1,2,3...”

___ *Spread 11:* Consider having one side be the sneezing dragon and the other side shelter under their arms.

“What a sneeze! Can this side of the room make a dragon sneeze with me and this side of the room cover our heads like Wei? 1,2,3...”

___ *Spread 12:* Have readers raise their left hand behind them like Mei and say the Kung Fu command, “Goodbye” in Chinese or “Zai Jian” pronounced “Szigh Geann.”

___ *Spread 15:* “Can you yell, ‘Put her down!’ three times? 1,2,3...”

___ *End:* “So what worked in the end to move Dragon Frightful?...Yes, sticky buns. Shall we make some sticky buns for Dragon Frightful? Our Dragon Frightful is made of paper, so we can make him paper sticky buns. Once we each feed him a sticky bun, we will see if he will leave the bridge and fly through our village.”

___ Once Dragon Frightful has been presented with sticky buns, eight readers can be recruited to each take a chopstick and lift Dragon Frightful off the bridge and fly him around the room. Take turns so that everyone who wants to make Frightful fly, can.

___ If you snap pictures, share them with the book’s creators by using the hashtag #YinYangDragonFrightful on social media. If you are on Twitter, you can share with @TheCuriousCity (the creator of this and many kits), @BlushingFawn (author), @a_offermann (illustrator), and/or @PenguinClass (publisher).

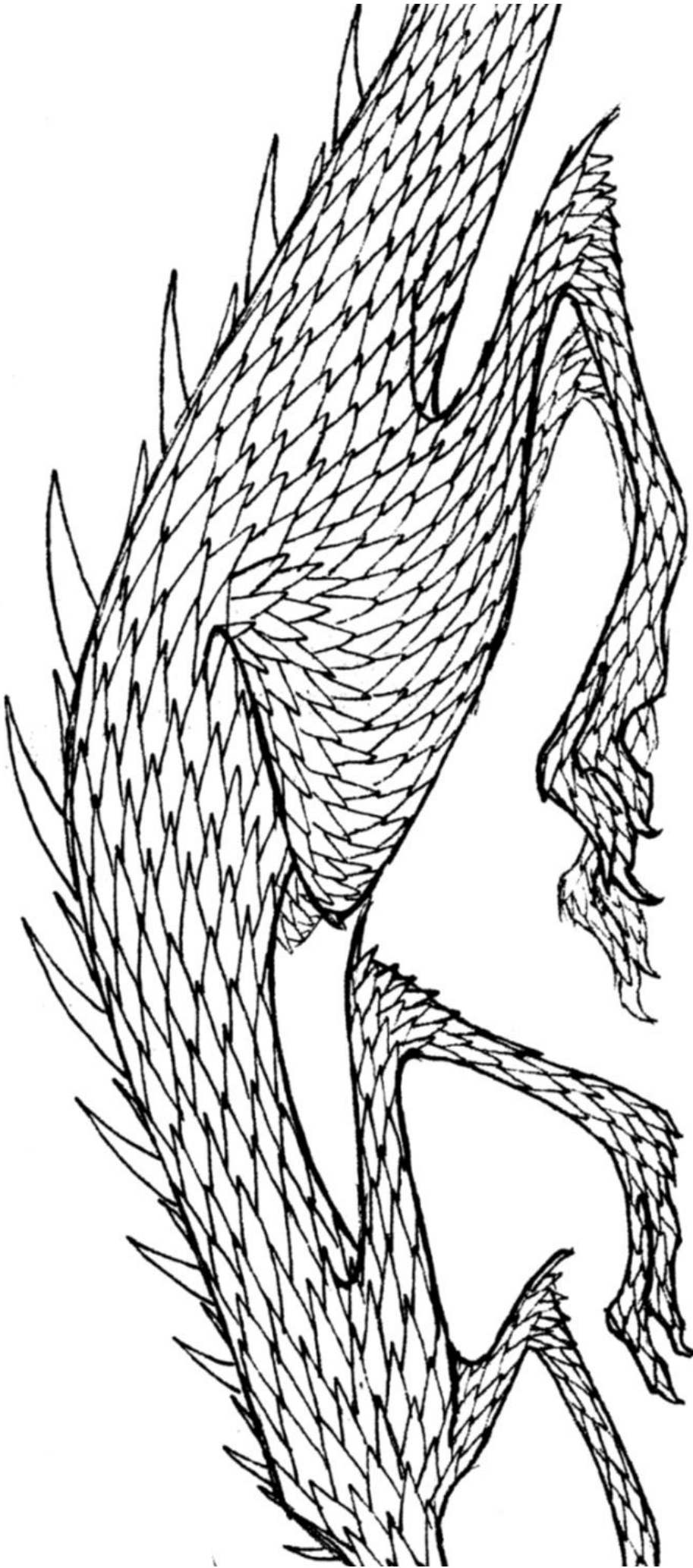
___ Send your readers home with sticky buns and with dragons and brave girls on their minds.



For the picture book by Nancy Tupper Ling
and illustrated by Andrea Offermann
(Penguin Young Readers Group).
Image © Andrea Offermann.

THE Yin-Yang SISTERS AND THE DRAGON FRIGHTFUL

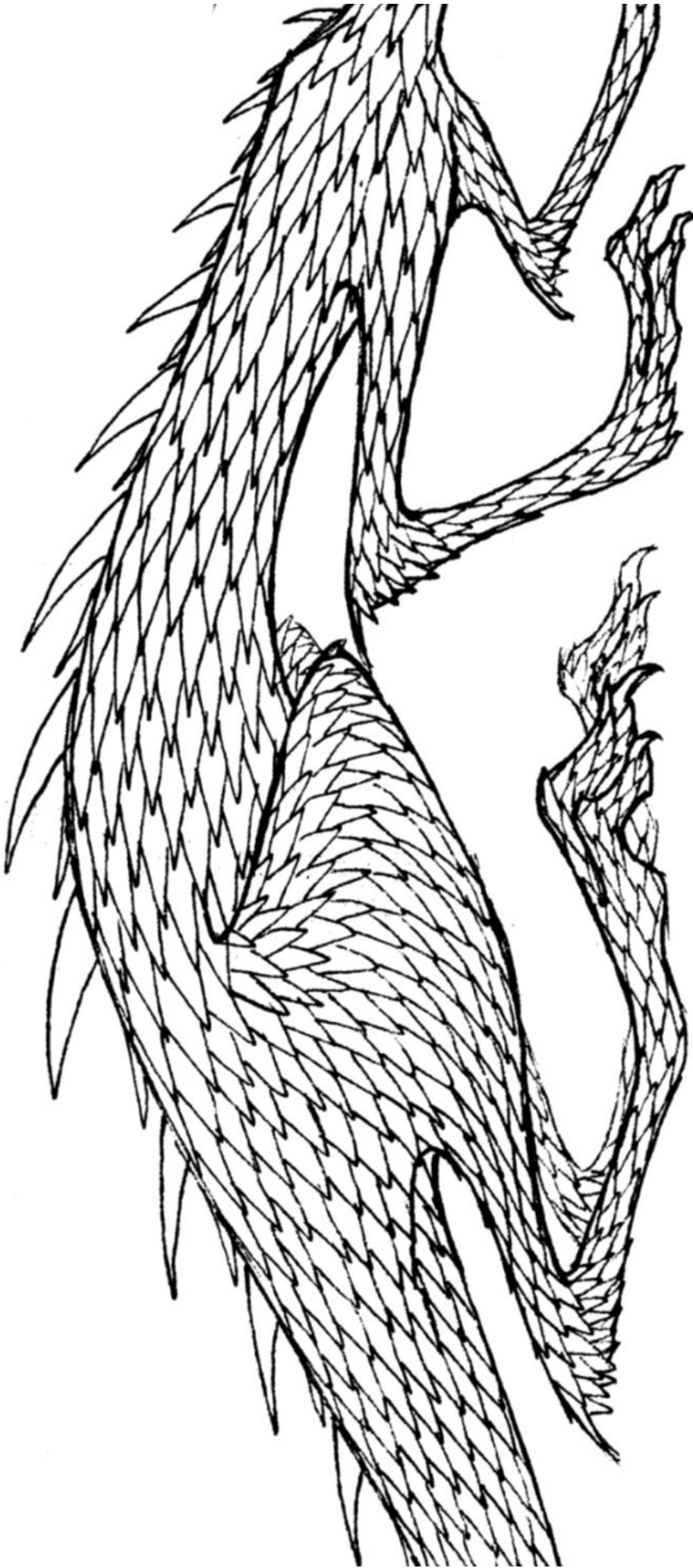




For the picture book **The Yin-Yang Sisters and the Dragon Frightful** by Nancy Tupper Ling and illustrated by Andrea Offermann (Penguin Young Readers Group). Image © Andrea Offermann.







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Sticky Buns (Bolo Bao) for Dragons

In the picture book **The Yin-Yang Sisters and the Dragon Frightful**, Mei explains, "Everyone knows dragons are sweet...All you need is a sticky bun now and then." Keep your picture book dragons sweet by making them a paper sticky bun (or *bolo bao* in Chinese).

Print this page, grab some scissors and clear tape, and follow the instructions on the next page! Papercraft designed by **splingworks**.



Sticky Buns (Bolo Bao) for Dragons (cont.)

With a print-out of the template from the previous page and scissors and clear tape in front of you, follow the instructions below to create Mei's paper sticky buns for picture book dragons.



1) Cut out the floral shape, making sure to cut each "petal" all the way to the center circle.



2) Flip the pattern over, so the text is not showing in the circle. Fold each petal into the circle, then unfold it after it makes a crease.



3) Choose two petals and overlap them, joining the tips of the petals. Tape them together with a small piece of clear tape.



4) Bring each new petal to the tips of the petals you have taped and tape it in place. It is best if you tape near the top of the newest petal.



5) Continue around the circle until you have two petals left. For the last two petals, place one over the remaining space and tuck one inside the bun. It is okay to have a small opening at the top like real sticky buns do.



Yin-Yang Sisters and Dragon Frightful: Tattoo Template

If you want to tattoo readers with the Andrea's Offermann's Yin Yang symbol, look for the temporary tattoo paper that suits your particular printer. This image has been reversed for easy printing.



For the picture book **The Yin-Yang Sisters and the Dragon Frightful** by Nancy Tupper Ling and illustrated by Andrea Offermann (Penguin Young Readers Group). Images © Andrea Offermann.